Yu Hsiao

Yu Hsiao
25 years old (03/15/1990)
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Yu has earned a reputation for being a "Beast" ever since he joined high school cross country. He embraces the need to suffer in order to go beyond his limits. During Vineman 70.3 '14, he crashed hard 20 miles into the bike, severely injuring his knee. Most people would have quit, but he kept going. Not willing to give up, he fought on and incredibly was able to finish in the top 10. He followed up with 10th place @ Vineman 70.3 his second year, with a deeper field(PR, 4:03:43)

2016 Goal

- Be a great ambassador & represent my sponsors/partners
- Become a podium contender and place top 5 at 70.3 Events
- Be an inspiration to the triathlon community to chase after their dreams and limits. Inspire those outside of endurance sports to participate in the sport and lead an active lifestyle!

2016 Race Schedule

April 2 Ironman California 70.3
May 3 Wildflower Long Course
June12 Ironman Victoria 70.3
July 10 Ironman Vineman 70.3
Sep 11 Ironman Santa Cruz 70.3
Oct 30 Ironman Austin 70.3

Results

2016

-9th Mpro, Victoria 70.3 (4:00:51)
-1st Vineman Monte Rio Olympic Triathlon (2:01:47)
-1st Toughman Utah Half Ironman (3:47:45)

2015

-1st Vineman Monte Rio Olympic Triathlon (1:58:03)
-10th MPro, Vineman 70.3 (4:03:43)
-12th MPro, Boulder 70.3 (4:04:03)
-12th MPro, Silverman 70.3 (4:18:23)

2014

-2nd Monte Rio Olympic Triathlon (1:58:07)
-7th MPro Lake Stevens 70.3 (4:14:02)
-10th MPro Vineman 70.3 (4:09:23)
-12th MPro Wildflower Long Course (4:23:41)
-12th MPro Challenge Rancho Cordova (4:11:55)

2013

-1st overall, HITS Palm Springs Half Ironman
-1st 20-24 division, **3rd Overall, Wildflower Long Course**
-1st overall, Marin County Olympic Triathlon

2012

-1st 20-24 division, Wildflower Long Course (4:34:19)

2011